

21.50

23.50

23.50

19.50

21.50

20.50

20.50

20.50



Greek anchovies, roasted tomatoes, garlic, EVOO, fresh parsley Saganaki & Fig 🦃 Crispy kefalotiri cheese on skillet topped with house-made fig chutney Talagani 🦃

Greek halloumi cheese, drizzled with Blu sauce and Greek balsamic glaze

Dolmades (4 pcs.) ®®₩ Vine leaves filled with rice and herbs served with yogurt sauce

lmam Baldi ®♥� Seedless sliced eggplant, rolled and roasted with onion & tomato-based sauce with a side of feta

Hummus ®®��♥ 20.50 Greek tahini, organic chickpeas & EVOO Taramasalata (8) 20.50 White cod roe & capers 20.50 Tzatziki 🕸 💝 🕸 Greek yogurt, cucumber, garlic & EVOO 20.50 Melitzanosalata 🕸 🦃

Smoked eggplant mixed with feta, herbs & EVOO 20.50 Tirokafteri 🕸 🤪 Spicy feta, mixed with herbs, chili flakes & EVOO 20.50 Harissa (18) Spicy tomato, Greek yogurt, walnuts & EVOO 20.50 Fava (1) (1) (1) Fava (1) (1) (1) (1) (1) Organic yellow lentils, onion, oregano, lemon juice &

Strained Greek yogurt with seasoning Skordalia ®®��♥ Potato & garlic dip, topped with crispy garlic

Olive (A)(A)(O)

Greek olives with feta, artichokes & almond flakes

Horiatiki (18)

Traditional Greek salad, cherry tomatoes, cucumber, onion, Kalamata olives, Greek feta cheese, bell peppers, red wine vinegar & EVOO 27.50 Dakos Salad 🦃 Cretan rusks, diced tomato, Greek capers, Greek feta, organic oregano & EVOO

ONE SIZE ONLY

33.50

28.50

17.50

26.80 Maroulosalata **®®₽₽0** Thinly sliced lettuce mixed with dill, lemon & EVOO 32.50

Mediterranean Summer Salad 🕸 🤪 Buffalo burrata with small baby tomatoes, caper leaves and sweet balsamic sauce

Grilled Vegetable Salad ®®♥♥ Chef selection of grilled vegetables tossed with balsamic pomegranate sauce, red wine vinegar & EVOO

28.50 Fresh Vegetable Salad @ 🗓 🤪 🌾 Thinly grated cabbage, carrot, broccoli, and Brussels sprouts, topped with house-made yogurt mint sauce

29.50 Eggplant Salad ®®♥♥ Grilled eggplant topped with house-made tahini sauce, pomegranate, almond flakes, extra virgin olive oil, and fresh herbs

33.50 Chunks of grilled octopus mixed with fresh greens

**Fried Calamari** 29.50 Moroccan calamari served with a side of lemon yogurt dressing Lamb Meatballs (4 pcs.) 18.50 House-made grass-fed lamb meatballs with a side spicy harissa dip, lemon & yogurt dressing 21.50 Fried Artichokes (1) Y Y Fried Greek artichokes topped with balsamic glaze

Beef Keftedes (4 pcs.) (6) 18.50 House-made grass-fed beef meatballs with side of tzatziki dip 31.50

Thinly sliced octopus frites marinated in a house-made umami batter served with a side of house-made lemon yogurt sauce

Fried Zucchini 🖫 🦃 Thinly sliced crispy zucchini fried to golden brown served with a yogurt dipping sauce

## **Pairings**

EVOO

Labna 🕸 🤪 💿

| Koulouri (2 pcs.) ( Carallel Sesame | 7.50  | Dakos rusks (1 set) ®♥♥       | 5.50 |
|-------------------------------------|-------|-------------------------------|------|
| Cucumber sticks 🕸 🖰 🥰 🎔 🗿           | 10.50 | Carob rusks (200gm) 🕸 🖫 💞     | 5.50 |
| Carrots sticks @@&V                 | 10.50 | Grilled pita 🕲 🚭 🎔            | 5.50 |
| Celery sticks <b>®®</b> ₩©          | 10.50 | Crispy pita (2 pcs.) 🕲�♥      | 5.50 |
| Fresh mix veg sticks @\@\PO         | 11.50 | Gluten-free pita (2 pcs.) ®®₩ | 7.50 |

GUTEN-FREE SUBJECTATION DAIRY-FREE P100% VEGAN CONTAINS ALCOHOL O KETO-FRIENDLY

Vegetarian Mousaka 🏋 🌳

Traditional mousaka with tomato, chickpeas, lentils, eggplant, potato & house-made bechamel Beef Mousaka 🏋

Oven-baked eggplant, potatoes, minced grass-fed beef ragu & housemade bechamel Lamb Mousaka ₹

Oven-baked eggplant, potatoes, minced grass-fed lamb ragu & housemade bechamel

Meat Platter Small 1 small bifteki (contains gluten, 1 beef kalamaki, 1 organic chicken skewer & 2 lamb chops, served with side of fries & tzatziki dip

Meat Platter Medium (%) 153.50 1 medium bifteki (contains gluten), 2 beef kalamaki, 2 organic chicken skewers, & 4 lamb chops, served with side of fries & tzatziki dip

Beef Kritharaki 的 30.50 Orzo cooked in a beef broth, enriched with a beef tomato stew topped with artisanal Greek cheese Filet Mignon 250gm (8)

Cut from the tip of the tenderloin seasoned with sea salt, black pepper, EVOO, grilled to desired temperature Bifteki Shara 2pcs 🖺 33.50

Beef patties, lemon, onion, roasted potatoes & tomato served on a skillet 80.50 T-Bone Steak (18) Thick cut T-bone steak seasoned with sea salt, black pepper, EVOO, grilled to desired temperature

Ribeye Steak (%) Flavorful steak cut from the rib section of cow, seasoned with sea salt, black pepper, EVOO, grilled to desired temperature

Sirloin Steak @@o 52.50 Lean cut of beef seasoned with sea salt, black pepper, EVOO, grilled to desired temperature

Grilled Chicken (%) 43.50 Free-range Cornish hen marinated with Mediterranean spices, served with roasted potatoes & grilled vegetables (30-45 mins Chicken Tigania ®®₹ 34.50 Organic chicken breast marinated with Mediterranean herbs served with rice Kotopoulo Fourno ®®♥ 43.50 Free-range Cornish hen, roasted potatoes, lemon & oregano

Kotopoulo Stifatho ®®₹ 43.50 Free-range Cornish hen cooked in an onion stew & EVOO 35.50 Grilled Chicken Fillet with Rice ® ₹

Organic chicken fillet cooked in a house-made cream sauce served with a side of aromatic rice

34.50

36.50

36.50

87.50

50.50

| Paidakia (3 pcs.) 🕸 🗓 🔘  | 52.50 |
|--|-------|
| Grass-fed lamb chops seasoned with sea salt, black pepper, EVOO, served    |       |
| with roasted potatoes & grilled vegetables, grilled to desired temperature |       |
| Kleftiko 🕲   | 55.50 |

Roasted and slow-cooked lamb shank served with lemon and potatoes

Raw Fish

| Octopus Carpaccio ®®♥⊚ Thinly sliced octopus topped with crispy capers, red wine vinegar, EVOO, and organic oregano                                | 33.5 |
|--|------|
| <b>Fish Carpaccio ® ® Y ©</b> Thinly sliced raw Greek sea bass, topped with fresh lemon juice, EVOO, basil, lemon zest, and chili flakes           | 31.5 |
| Mixed Fish Tartar ®® ₹⊙ Fish of the day chopped finely and mixed with fresh tomato, spring onion, and avocado on a bed of zucchini carpaccio salad | 24.5 |

Grilled Calamari served with Lemon EVOO

Grilled Crab ®®♥♥◎

and topped with sautéed jumbo prawn

45.50 Octopus ( ) ( ) Grilled mediterranean octopus with red wine vinegar & EVOO Seafood Platter @ \$ 70 111.50 Grilled octopus, grilled calamari & grilled prawns Skillet Mussels with Organic Sea Salt @ 💆 🌱 💿 38.50 Muscles cooked on skillet with sea salt and lemon (Crema or Wine)

Garides (3 pcs.) **®® ₹⊚** 55.50 Grilled jumbo prawns, lemon & EVOO Calamari ®®♥◎ 41.50

Poached Fish ®® ₹⊙ 42.50 Air-flown fresh caught Greek fish steamed and topped with an avgolemono sauce

Price Grilled Crab Served with a Lemon Vinaigrette Prawn Manestra ₹ 30.50 Orzo cooked in a prawn broth, enriched with garlic, onions, EVOO,

Market

**Mediterranean Fish** Market Price Please ask for Selections or take a look at the display Choice of BAKED or GRILLED

Do let us know if you have any dietary requirements, restrictions and allergies

















| <b>Spanakorizo ®®©V</b> Slowly cooked rice with spinach, herbs, lemon & EVOO   | 25.50 |
|--|-------|
| Mushroom Tigania (இ ♥ 😭 Sautéed mushroom with garlic, white wine, thyme, and cream served over a bed of rice                                 | 28.50 |
| <b>Gemista (3 pcs.) ® € V</b> Stuffed vegetables with marinated herbed rice in a tomato base sauce served with a side of oven baked potatoes | 34.50 |
| <b>Gigantes</b> ®® ♥♥♥ Organic giant Greek beans slow cooked in a tomato herbed sauce  | 24.50 |
| Mediterranean Tacos (♣)(♣)(♣)(♥)   | 28.50 |

Crispy mini house-made corn taco shells filled with house-made

bean paste topped with pico de gallo



| Margarita 😴<br>House-made tomato sauce, mozzarella, organic oregano, topped<br>with fresh basil      | 26.50 |
|--|-------|
| Seafood pizza<br>Margarita base topped with calamari, muscles, crab, fresh arugula,<br>& fresh basil | 34.50 |
| Vegetarian pizza 🌳 Margarita base topped with roasted vegetables, and kalamata olives                | 28.50 |





Cream Crab 🍸

| Napolitana �� From the Napoli region, spaghetti pasta, house-made tomato sauce with basil and artisanal italian cheese                                       | 24.50 |
|--|-------|
| Ragu Di Carne Alla Bolognese ♥ From the Emilia - Romagna region, slow-cooked grass-fed beef in a tomato wine-infused sauce with cavatelli or spaghetti pasta | 28.50 |
| Pesto Linguini Pasta & From the Ligura region, basil, pine nuts, garlic, pecorino cheese, lemon, salt, pepper, linguini, EVOO                                | 24.50 |
| Arrabiata ⓑ ♥ �� ♥ From the Lazio region, penne pasta, house-made spicy tomato sauce, kalamata olives, capers, chili, garlic, wine, salt, pepper, EVOO       | 24.50 |
| Siciliana (a) From the Sicilian island, cannelloni pasta, olives, anchovies, capers, cherry tomatoes, house-made tomato base sauce, EVOO                     | 26.50 |
| Broccoli Cavatelli ⑤♥��<br>From the Molise region, cavatelli pasta, broccoli, chilli, onion, garlic, salt, pepper, crispy breadcrumb, EVOO                   | 26.50 |
|  |       |

| ( | Ove   | n   | Po   | ta | at |
|---|-------|-----|------|----|----|
| 1 | Bakea | l p | otat | 0  | wi |

Mac and Cheese 💝

Mixture of kalamata, halkidiki & throuba olives

oith crispy shell and creamy mashed potato filling topped with sour cream and freshly sliced spring onion

| Classic mac & cheese made with house-made bachemel cream sauce and various artisanal cheeses                 |       |
|--|-------|
| Fries <b>®</b> ���<br>Fries topped with organic oregano & sea salt   | 13.50 |
| Grilled Vegetables (⊕(⊕)⊕(⊕)  Mix of grilled vegetables topped with red wine vinegar and EVOO                | 14.50 |
| Rice $\textcircled{8}$ $\textcircled{6}$ $\checkmark$ $\checkmark$ Aromatic brown rice or white basmati rice | 4.50  |
| Sautéed Spinach ®©©<br>Creamed saute spinach (contains nuts)   | 13.50 |
| Olives ®®���©  | 12.50 |

All Green Gold Extra Virgin Olive Oil produced on the Tsakiris Family Estate in Greece, is used exclusively in all Blu Kouzina restaurants. The fruits have been carefully harvested, handpicked, cold-pressed, and first-pressed with care to maintain their unique characteristics, benefits, and flavor.

Green Gold Extra Virgin Olive Oil is available at all Blu Kouzina outlets or at BluMart.



16.50

14.50

Prices are subjected to GST, service charge  $\dot{\mathfrak{G}}$  other prevailing government taxes

Angel hair pasta tossed in cream-based white wine sauce with shredded

crab, crispy garlic chips, sautéed diced red pepper and dill

Do let us know if you have any dietary requirements, restrictions and allergies We will try our best to accomodate to your requests







32.50









FOLLOW @BLUKOUZINA.DEMPSEY | VISIT BLUMART.BLUKOUZINA.COM





